

Newsletter

SEPTEMBER 2021

HEART HEROES

ROARING 20s BALL



With payments from ball attendees as well we raised a staggering...

Money raised on the evening

Photo booth

£161.17

Live auction

£2237

Silent auction

£1343

Raffle

£1590

Heads and Tails

£692

£9000.20



A huge thank you to all 13 business sponsors. Spaces still available!

2021-2023 Sponsorship/Advertising Opportunity

- ♥ £1000 over two years (can be paid in two instalments)
- ♥ Company logo on side of minibus for two years
- ♥ Company to attend launch event of minibus – media and other sponsors will be there
- ♥ Company can request use of minibus once (1 way, and within 10 mile radius) from Heart Heroes HQ (under the discretion of HH)
- ♥ If Company would like to use the minibus more than once – a minimum donation of £100 to be made to Heart Heroes
- ♥ Company can request Heart Heroes and the minibus to attend Company events

SPONSORSHIP



HEART FAMILIES EVENTS

Paint along with Duck & Dot painting Doug the Pug. Another huge paint along success with Julia.



Our young adults group will be stepping back through gaming time and getting together in Bristol in October funded by Heart Heroes.



I CAN COOK
The first step to becoming a chef

Problem solving
Muscle control
Time Management
Rewarding
Creativity
Fine Motor skills
Learning Math via weight and measurements
Planning

HEART HEROES

JOSIE

I CAN

Our First I CAN was a huge success where Cook with Josie made some yummy soda bread with the children.



SUPPORT

Heart Heroes is in its 3rd year and as a charity we have noticed an increase in demand for support and more recently the bereavement side of the Cardiac World. This sadly is the stark reality of having a child with a complex heart condition.

Forever Phoenix, named after 3 year old Phoenix who recently passed, is in the process of being launched to support families through grief. Sometimes this grief may not even be through the death of a heart child but grief of loss of identity or the grief for a child with a life limiting heart condition. Shock, trauma and the unknown can be hard to deal with whilst caring for a poorly child.

Forever Phoenix will initially be a support group for those that reach out and we would love to be able to offer the Grief recovery programme. Currently, sadly there is little support for families who have lost a child with a heart condition. We hope to work closely with the cardiac team and bereavement support at The Bristol Children's Hospital which is where most of the children receive their medical care.

'When you are suffering, on a daily basis, with the pain of a broken heart, there is one major question you need to ask yourself: Do I want to continue to suffer this pain for the rest of my life? Many people think this is the only option, and the fate they must endure forever. Many become accustomed to finding themselves in tears at odd moments throughout their days when they think of a love or relationship lost.



Others believe that their loss has destroyed their happiness and sense of security, and now feel that they will be bitter and joyless forever. That is not the case. You have options that can move you out from under this cloud'. Grief Recovery Method Programme. <https://www.griefrecoverymethod.com/evidence-based>

HOW CAN YOU SUPPORT?

Sign up to our Give Hope Campaign <https://heartheroes.co.uk/givehope/> pledge a specific amount, fundraise for us or contact us to learn more.

FUND RAISING

Help us to raise vital funds for our bereavement support. Check out our new clothing range on our website

www.heartheroes.co.uk



HEART HEROES

www.heartheroes.co.uk
email@heartheroes.co.uk
Tel: 07951 835360