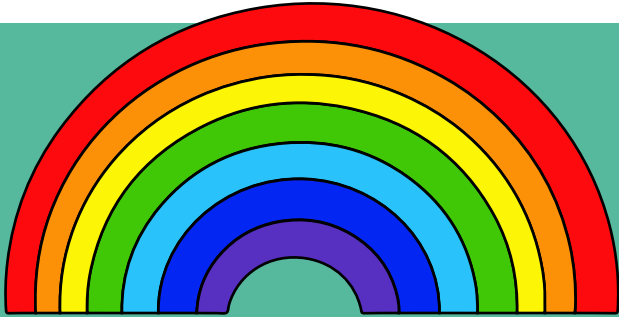


# Newsletter

MARCH 2020

# HEART HEROES



## STAY SAFE & STAY INSIDE

**A huge thank you to Newent Runners Club** who emailed us to inform us they'd like to donate a staggering £500 to us.

We are truly grateful and this couldn't of come at a better time!!

<https://www.facebook.com/groups/newentrunkers>



## HH HUG BAGS

Heart Heroes Hug bags, food parcels and essentials items going out to Heart Families. Bags with art/craft items, chocolate/sweets, little treats for parents. Thank you to Hash Norat for helping us with food parcels. Hug bags will be soon available for post delivery.



## LATEST NEWS...

### ASDA support

I am emailing you as a group you have nominated, Heart Heroes, is due to be on the Community Board at Asda Gloucester Superstore during our next vote.

The next vote would usually begin on 1<sup>st</sup> April and end on 30<sup>th</sup> June however due to Asda's dedication to keeping our communities, customers and colleagues safe during this difficult time, we have decided to pause any community activity and begin the vote at a later date.

We will contact you again when we have more information.

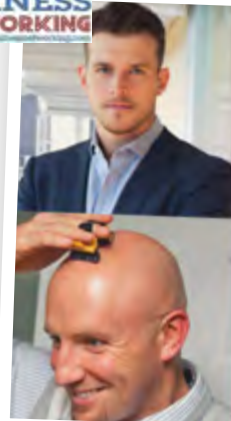
As you can imagine our fundraising income has stopped but we are trying to keep things ticking over with Heart Heroes and applying for grants as and when we can so we can continue our work once things are back to normal.

Our virtual fundraiser... **"let your heart rule your head - get a buzz from having a buzz"** sponsored by Omni. **Thursday 16th April 10am** via ZOOM. Link will be shared on our social media pages!



Heart Heroes awareness song. This is still in progress and it is now in Israel being mixed. Hopefully we will be able to share the lyrics and tune with our families soon. Keep an eye on our social media pages as we will share the title soon...

OMNI LOCAL BUSINESS NETWORKING



"LET YOUR HEART RULE YOUR HEAD - GET A BUZZ FROM HAVING A BUZZ"

JOIN IN AND BRAVE THE SHAVE

HEART HEROES

WWW.HEARTHEROES.CO.UK

## COLOURING COMPETITION

Please post finished pictures on our FB page or send to [email@heartheroes.co.uk](mailto:email@heartheroes.co.uk). Winner and prize will be announced ASAP.



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