

Newsletter

DECEMBER 2019

HEART HEROES

WISHING YOU A
MERRY XMAS

SKY DIVE BUZZ

Our early bird supporters Chris, Ashley, Rich, Sean and Hollie completed their sky dives on the morning of Saturday 5th December 2019. Sadly the rest of the Heart Heroes sky divers, due to very cloudy weather, had to re arrange to February 16th. Please do get in touch if you'd like to join us.



On February 16th 2020, an elite team of superheroes will don their capes of courage to boldly go where so many would fear...a skydive above the rolling, Devonshire hills. We salute these guardians of goodwill for undertaking this mission. It takes great bravery and fortitude to pursue such a challenge. It takes heart...Heart Heroes.

SO FAR A STAGGERING
£13500
has been raised

Our skydiving champions must be praised for their fearless endeavour, but who are the real superheroes amongst us?

It must be those that achieve the extraordinary... every day. Those that are born with obstacles in their path, but show astonishing courage to overcome them and carry on regardless. These are the superheroes that we must celebrate and applaud.

Congenital heart disease (CHD) is one of the most common types of birth defect, affecting up to 8 in every 1,000 babies born in the UK. To you and I, that's 8 superheroes that need a little help from us.

Children with CHD have the same needs as any other child. They face challenges, such as making friends, understanding their body as they grow, school, play and where they fit in society.

In addition, however, children with CHD/heart conditions must navigate a parallel world; a world of cardiologists, echocardiograms, electrocardiograms, pacemakers, defibrillators and regular surgery. No matter how strong their superpowers may be, they need our support to help negotiate this maze of medical intervention and find happiness in the world outside.

At Heart Heroes, we have the power to make that difference. With your help, we support families of children living with CHD/Heart conditions through a range of family events, fun activities and play therapy.

Together, we can help our Heart superheroes soar to the heights of happiness and joy that they deserve.

Thank you, Heart Heroes



HEART CHILDREN AND FAMILIES CHRISTMAS PARTY

On Sunday December 15th Heart Heroes hosted a Heart children and families Christmas party at Hatton court. 130 wonderful people were treated to a Disney themed party with a disco, games, singing by Max and Gemma Keir, build a buddy, face painting, Father Christmas and his elves in his grotto, Star Wars characters, Elsa, Ralph the elf and delicious food by Quinteacentral Catering. A huge thank you to everyone at Hatton Court, the families for attending and everyone who helped make it so special.

We all had an amazing Christmas party to celebrate what 'Heart Heroes' can only describe as an amazing year of meeting some wonderful, inspirational Heart warriors and their families.

Thank you for allowing us to be part of your journeys. Merry Christmas and A Happy/healthy new year to all of our families!†

Parents review of the Christmas party..

"I just wanted you to know how thankful we are, you are all amazing, the party was incredible and we all had a great time! I was chatting to another mum and we agreed that just being with families who understand is worth so much, it really helps to know that we are not alone and there are people who really get how we feel. Thank you so so much Kelly, as you know I still feel new to this and you and your amazing charity have helped me more than you will ever know!"

"It was such a lovely time and I look forward to coming to more events. Thanks again"

"So much fun! Our two loved it!! Thank you!!"



100 CLUB

Thank you to Sarah for running the club and to all those that purchased numbers during 2019. We will be running the club again in 2020 so please do get in touch if you'd like to keep your number/s or would like to purchase one. All monies raised through the 100 club ensures that Heart Heroes can continue to support the heart children and their families. Please email us or contact us on our Facebook page.

UPDATE

Kelly met with Zoe, Jo and Beth to discuss the 'Patient Journey folders' that Heart Heroes are funding. We will aim to catch up at the end of January to review our first rough draft. Hopefully by the end of February we will have a working document that we could possibly trial with families at the singing event on 9th February!

2020 EVENTS

February 9th Heart children and families recording of a charity song to raise awareness at Gloucester Cathedral.

February 16th Sky dive

February 20th Heart children's Science Workshop.

June 18th Happy's Circus

June 26th Heart families residential at the Wilderness Centre, Forest of Dean.

July 5th It's a knockout

September 5th Heart Heroes Ball at Hatton Court. Tickets available February.

Visit our website for more event info.

PATRON NEWS

'The abilities in me' author Gemma Keir and her family will continue to work with us as our charity Patron and we look forward to exciting events in 2020.



As we near to the end of the year we'd like

THANKS

to give special thanks to the following people/business's for their continued support...

Zs Beautique • Ross Nicholl & Generation Events • The Fantastic Staff At The Club, Tuffley • Onymous • B Creations • Pro Door • Hot Tub & Party Tents Rock • Little Hearts First Aid Training • Severn Signs • The Kings School, Gloucester • Richardson Family • So Spoilt • Nikki Glover • The Ever Supportive MIBA Ladies • JB Event Hire • Hatton Court • By Jiminy Aka James Pocket • Holly At Ilex Accountancy • Our Charity Ambassadors Rose, Naayt and Family • Our Charity Patron Gemma Keir • Our Fabulous Team Kelly, Zoe, Sarah, Jo, Amy, Sam and Chris • Trustees Kelly, Zoe and Pete • Our Young Volunteers Tilly, Evie, Rhianna, Jake, Ayla, Maddie and Molly • Sheena Vernon BHI and The Cardiac Team On Dolphin Ward • Gary Holmes

DONATIONS

Money raised by Jen Johnson sew the forest of deans quilt raffle £175

Witcliffe College non uniform day £345.50

Aitch and Aitch Bee an afternoon with Henry Blowfeld £935

£1000 from the rotary club at the quays

£50 donation from Heart parent Mike Sumsion

£346 from the Heart Heroes raffle.



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