

HEART HEROES

WHAT SHOULD I TAKE INTO HOSPITAL AHEAD OF MY CHILD'S PROCEDURE ?

Suggested by Heart Heroes Parents

- ♥ A comforter or item of your own clothing to leave with baby in nicu
- ♥ Lip balm, hand cream, chargers,
- ♥ Slippers, a good book or something to occupy you after bedtime/naps
- ♥ Warm socks, eye mask for sleeping
- ♥ Pillow, iPad, Ear pods, School work if able. Sliders, deodorant, cool clothing, tea bags & Travel mug
- ♥ A notebook for writing down your feelings



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